



This waiver is an addendum to the Boulder Aikikai Registration Form and needs to be filled out and signed to participate in dojo classes. If you are new to the dojo you will need to fill out and sign both forms.

Name: Last, First, Middle (printed)		M/F	Date of Birth	
Address		City	State	Zip
Cell Phone	E-mail			
Emergency Contact Name	Relation	Cell Phone		
Address	City	State	Zip	

Contagious Illness Policy

To protect the Boulder Aikikai Inc. community against the risk of disease, Boulder Aikikai Inc. has adopted the following policy intended to minimize the risk of transmission of the novel SARS-CoV-2 virus and other similar diseases.

Until such time as the SARS-CoV-2 pandemic has ended, Boulder Aikikai Inc. will employ best practices under guidance of the C.D.C. and state and local directives, including but not limited to dojo closure, limited and modified dojo classes, and enhanced personal distancing, the wearing of facial masks, enhanced sanitation, and vigorous cooperation with contact tracing if such should become necessary.

Boulder Aikikai Inc. observes "universal precautions" as modified for aikido training. Generally, this means that instructors and all persons training at the Boulder Aikikai Inc. dojo shall treat every person they encounter as if they are infected with COVID-19.

Based on what is currently known about the highly contagious SARS-CoV-19 and about similar coronaviruses that cause SARS and MERS, spread from person-to-person happens most frequently among close contacts (within about 6 feet). This type of transmission occurs via respiratory droplets, and potentially respiratory aerosols. Transmission of coronavirus may also occur less commonly through objects and surfaces, like doorknobs or countertops. Current evidence suggests that SARS-CoV-2 may remain viable for hours to days on surfaces made from a variety of materials. Cleaning of visibly dirty surfaces followed by disinfection is a best practice measure for prevention of COVID-19 and other viral respiratory illnesses in community settings.

It is unknown how long the air inside a room occupied by someone with confirmed COVID-19 remains potentially infectious. Factors such as the size of the room and the ventilation system design (including flow rate [air changes per hour] and location of supply and exhaust vents) have an effect. Taking measures to improve ventilation in an area will help shorten the time it takes respiratory droplets to be removed from the air.

Preparation for Training

1. You agree to abide by all of the stipulations for training at Boulder Aikikai Inc. during the Coronavirus pandemic.
2. You will pre-register online for each particular class.
3. You will honestly and accurately complete the health screening form within one hour of class and will agree to having your temperature checked upon arrival at the dojo.
4. You will arrive dressed in a freshly laundered dogi; bring your personal training weapons, water bottle and any 1st Aid supplies needed. You will not share or borrow any items.
5. You will sanitize or wash your hands with soap and water upon entering the dojo.
6. You will arrive wearing an approved face mask over your mouth and nose, and this will remain in place during the entire time during class. If hydration is necessary, you will go to the open door, sanitize your hands, get your water bottle, move your mask in order to drink; replace your mask, and sanitize your hands before returning to the mat.
7. You will physically distance yourself a minimum of 6 feet from other persons, and preferably 8 or more feet, even when training.
8. You certify that you have not traveled to any point in the past 14 days either internationally or to a community in the U.S. that has experienced or is experiencing sustained community spread of COVID-19.
9. You certify that you have not experienced any symptoms associated with COVID-19, which include fever, cough and shortness of breath among others listed in the Boulder Aikikai, Inc. Health Screening form.
10. You certify that you have not been exposed to a confirmed or suspected case of COVID-19 within the past 14 days.
11. You certify that you will report any development of symptoms to Boulder Aikikai Inc. within three days of attending a class or sooner if possible.
12. You acknowledge that participation in class includes possible exposure to and illness from infectious diseases including but not limited to COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist.



Boulder Aikikai Consent and Assumption of Risk Statement : Addendum

4. I fully understand that:
 Initials I also understand that some students may be infected with diseases such as COVID-19 and other contagious diseases which can be transmitted by droplets and aerosols of body fluids and that I may be training with them. I acknowledge that I have read and will follow explicitly the Boulder Aikikai Inc., Contagious Illness Policy, a copy of which is attached to and incorporated in this Release, Consent and Assumption of Risk Statement.

14. I have read and understood, and agree to explicitly follow the Boulder Aikikai, Inc. Blood-and-Body Fluid-Borne Pathogen Policy and the Boulder Aikikai, Inc. Contagious Illness Policy, which are attached and incorporated as if it is fully written out in the body thereof, to this Release, Consent and Assumption of Risk Statement.

I have read, understood, and will comply with each and every part of this Policy.

Participant's Name (printed)	Participant's Signature	Date
Witness' Name: Boulder Aikikai Yudansha Only (printed)	Witness' Signature: Boulder Aikikai Yudansha Only (must be over 18)	Date

Boulder Aikikai, Inc. is open to any person who safely can participate in our programs and activities regardless of race, color, national and ethnic origin, ancestry, creed, religion, sex, sexual orientation, gender variance, marital status, and mental or physical disability, and all such persons will be afforded the rights, privileges, programs and activities generally accorded or made available to students at the school. It does not discriminate on the basis of any of the above in administration of its educational politics, athletics, or other school-administered programs.

Boulder Aikikai Inc. is a non-profit school and admits students of any race, color, national or ethnic origin.